In the general study of the world and its affairs, we find out that the only way you can make a slave, as if anybody would want one, would be to develop a tremendous amount of mystery about what it's all about and then develop an overwhelming charge on the mystery line. Not only develop a mystery, but then sell it real good; sell some bogus answer to the mystery.

L. Ron Hubbard

FREE THETAN

Newsletter of the International Freezone Association Inc.

~oo0Ooo~

The International Freezone Association
The New Renaissance of Beingness
Preserve, Protect & Promote!

Quote from
L. Ron Hubbard

"Communication, is an interchange of ideas between two beings who are aware that the other is present"

Control and the Mechanics of S.C.S

reservo , servo , proveho

~ Editorial ~

Dear Reader,

Well the new year is now well underway.

What gets overlooked sometimes in discussions about scientology are the basics. The ARC tri-angle, the Tone Scale, 8 dynamics and so forth. These are the tools one can use in day to day life. An understanding of BE, DO and HAVE. The very basic principles of Scientology and the fact that it is really an applied philosophy can do wonders for an individual and, indeed, even a group.

Understanding the parts of man, how knowledge is caused and understood. How processing or auditing really works and why it is such an important factor in Scientology can make an enor-mous difference in a persons life.

In all this the emphasis is in increasing enlightenment, increasing awareness and assisting the individual to improve his life.

 Not an unworthy goal to have.

Michael Moore
President
International Freezone Association Inc

The Purposes of the International Freezone Association

Preserve the exact technology and original workable philosophy of Lafayette Ron Hubbard for future use so it is available for all mankind.

Protect the exact technology and original workable philosophy of Lafayette Ron Hubbard so it is not altered, diluted or changed in anyway but remains exactly as Lafayette Ron Hubbard issued it.

Promote the exact technology and original workable philosophy of Lafayette Ron Hubbard so it may be known by all mankind

http://internationalfreezone.net

The Aims of Scientology and the IFA

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of the IFA

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

The IFA is non political in nature and welcomes any individual of any creed, race or nation.

The IFA does not seek revolution. The IFA seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to the IFA We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

The IFA does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo0Ooo~

WHAT IS THE BASIC MYSTERY?

Quote from the book: New Slant on Life by L. Ron Hubbard

In the general study of the world and its affairs, we find out that the only way you can make a slave—as if anybody would want one—would be to develop a tremendous amount of mystery about what it's all about and then develop an overwhelming charge on the mystery line. Not only develop a mystery, but then sell it real good; sell some bogus answer to the mystery.

Man is so used to this that, when you come along and put a perfectly good answer in his hands, why, he drops it like a hot potato, because he knows what all answers are: All answers are carefully derived from mysteries with bogus answers, and all mysteries are going to cost you something sooner or later. The development of the mystery itself stems from interpersonal relationships and Man's general conflict with his fellows and his environment, and so on. And the basic mystery is— who is he? There's no more basic mystery than that—"who is that fellow over there?"

That is the beginning of individuation, of, not individualism, but individuation, of pulling back from everybody and saying, "I am me and they are 'them', and God knows what they're up to!"
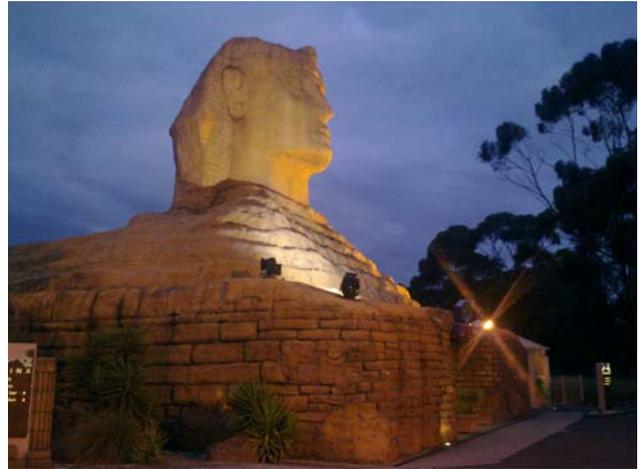
And then, after a while, the fellow takes it out of the realm of near blasphemy and puts it into worship. And he says, "Well, God knows what they're up to and he will protect me."

So what do we basically have? We basically have a mystery on who the other fellow is.

Now "science" originally meant truth, and now it means research revenue. Science has so far abandoned the basic mystery, that they think there's a mystery on what is a floor, what is a ceiling, what is space. That is really a very cooked-up mystery—because that floor and that ceiling and that space is what thee and me

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~ Special Notice ~

The IFA is now on Twitter and Face book! To see the IFA posts on twitter simply log into Twitter and go to
IFreezoneAssoc
To see the IFA on Facebook, Just log in to Facebook and go to
Int Freezone Assoc

Keep in Touch Today!

agreed to put there, and that's about all it is. Wherever we have a mystery, we normally have had a disagreement or a misunderstanding or an out-of-communication-ness. And that's all there actually is to it, basically. A fellow had to disagree with whom he was looking at. He knew about it originally and he didn't want to know who that fellow was over there.

He didn't want to know anything about the situation, because he had learned a lesson: If he communicated with it, he would be proved wrong!

So we had some people in our midst—you amongst them—who would put up a "this" and say it was a "that". And then you would get these things twisted somehow or another, and you'd say, "Why don't you communicate with *this?"* and then say, "You communicated with *that."* After a while a fellow says, "Aw, I don't want to communicate with either one of them.

Dickens with it. Who cares what those things are—I don't want to know." And after that, he'd had it. He said, "I don't want to know," and therefore he had a mystery sitting across from him someplace. And he went so far along this line of not wanting to know that after a while he conceived that he didn't know. And then he went from there and said it's impossible to know.

Wherever Man finds himself deeply instilled, engrossed, surrounded with mystery, he is actually in conflict with himself and himself alone. That is why processing works. THE ONLY ABERRATION IS DENIAL OF SELF. Nobody else can do anything to you, but YOU. That is a horrible state of affairs. You can do something to you, but it requires your postulate, your agreement or your disagreement, before anything can happen to you. People have to agree to be ill; they have to agree to be stupid; they have to agree to be in mystery. People are the victims of their own flinch. They are the victims of their own postulates, the victims of their own belief that they are inadequate.

An individual has to postulate into existence his own aberration, his own flinch, his own stupidity, his own lack of confidence, and his own bad luck.

~oo0Ooo~

CERTIFIED AUDITORS & GROUPS

**This list of auditors and groups here have been ratified and
certified as delivering On Source Standard Technology.**

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See Certification for further details. They have passed stringent testing by senior technically qualified people as per the certification process. Non certified and pending auditors, groups and organizations can be found on the auditors page. The IFA offers no guarantee as to the quality of delivery of services with uncertified

Groups, Organisations & Individual Auditors

Country	Region or State	Name	Contact email/phone	Tech Training Level	Admin Training Level	Services Delivered	IFA Certified
Canada	Toronto	Chris Black	standardtechauditor@yahoo.ca	Class VIII C/S, KOT,	DSEC	Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.	IFA
UK	South East	Vicky Ballard	vballarduk@yahoo.co.uk	Solo NOTs	To Be Advised	L/R to Clear+DCSI OTreviews and OK to audit NOTs all with a Class12 C/S	IFA
USA	North West	Anita & Les Warren	www.lifeimp.com	Classed Auditors	To Be Advised	All up to Class IV, NED, Solo Purif, PRD, Basic Courses	IFA
USA	South East USA	Mark List	beachniks@yahoo.com	Class VIII	OEC, DSEC	SPECIAL ZONE PLAN Consultant helping you apply Scientology in your life.	IFA
USA	Los Angeles USA	Trey Lotz	trey@relaypoint.net	Class VIII	To Be Advised	Standard LRH Bridge up to Clear, NOTs, Ls	IFA
USA	West	Roy Selby NorthWest Field Auditor	roy_slby@yahoo.com	Grad V certified	OEC,FEBC	Auditing to Class IV, Counselling to OT III	IFA
USA	North East. Will travel	Ken Urquhart	urq@verizon.net	Class IV Advance Courses Specialist. Class IX	To Be Advised	Internships, apprenticeships and Okay-to-Audits Class V	IFA
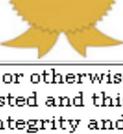
Please note: The International Freezone Association receives no commercial interest direct or otherwise from any of the people listed above. The IFA does not recommend any particular auditor listed and this list is provided on an informative basis only. Each individual is responsible for their own integrity and case.

~~ Lafayette Ron Hubbard Quote ~~

The Tone Scale

Quote from Dianetics; The original Thesis By L. Ron Hubbard

The tone scale denotes numerically, first the status of an engram in the reactive mind, next its erasure or reduction, and provides a measure for sanity in an individual.

The derivation of this scale is clinical and is based upon observation of engrams being worked. When an engram is located and developed, the extreme range it can follow begins with apathy, develops into anger (or the various facets of antagonism), proceeds into boredom, and arrives at last in cheerfulness or vanishes utterly.

The tone scale is essentially an assignation of numerical value by which individuals can be numerically classified. It is not arbitrary but will be found to approximate some actual governing law in nature.

Zero is equivalent to death. An individual with a zero tone would be dead.

Ranging upwards from zero to one then is that emotional bracket which may be denoted as apathy along its graduated scale from death to the beginnings of apathetic resentment. From one to two is the range of antagonism, including suspicion, resentment, and anger.

Boredom and its equivalents, by which is denoted minor annoyance, begin at two and end at three.

From three to four are the emotions which range from carelessness to cheerfulness. The term *tone four* denotes a person who has

THE TONE SCALE IN FULL

40.0	Serenity of Beingness
30.0	Postulates
22.0	Games
20.0	Action
8.0	Exhilaration
6.0	Aesthetic
4.0	Enthusiasm
3.5	Cheerfulness
3.3	Strong Interest
3.0	Conservatism
2.9	Mild Interest
2.8	Contented
2.6	Disinterested
2.5	Boredom
2.4	Monotony
2.0	Antagonism
1.9	Hostility
1.8	Pain
1.5	Anger
1.4	Hate
1.3	Resentment
1.2	No Sympathy
1.15	Unexpressed Resentment
1.1	Covert Hostility
1.02	Anxiety
1.0	Fear
.98	Despair
.96	Terror
.94	Numb

Scale continued over the page

achieved rationality and cheerfulness. Each engram residual in the reactive mind has its own independent tonal value. Serious engrams will be found in the apathy range.

Dangerous engrams will be found in the anger range.

Above two point five an engram could not be considered to have any great power to affect the analytical mind. Each engram in the reac-

tive mind then can be said to possess a tone value. The composite sum of these engrams will give, if added, a numerical value to the reactive mind.

Engrams can be computed as they lie along the dynamics, and to each dynamic may be assigned a tone. The sum of the tones of the dynamics, divided by the number of the dynamics, will give a potential numerical value for an individual. This, of course, is variable depending on the existence of restimulators in his environment to reactivate the engrams.
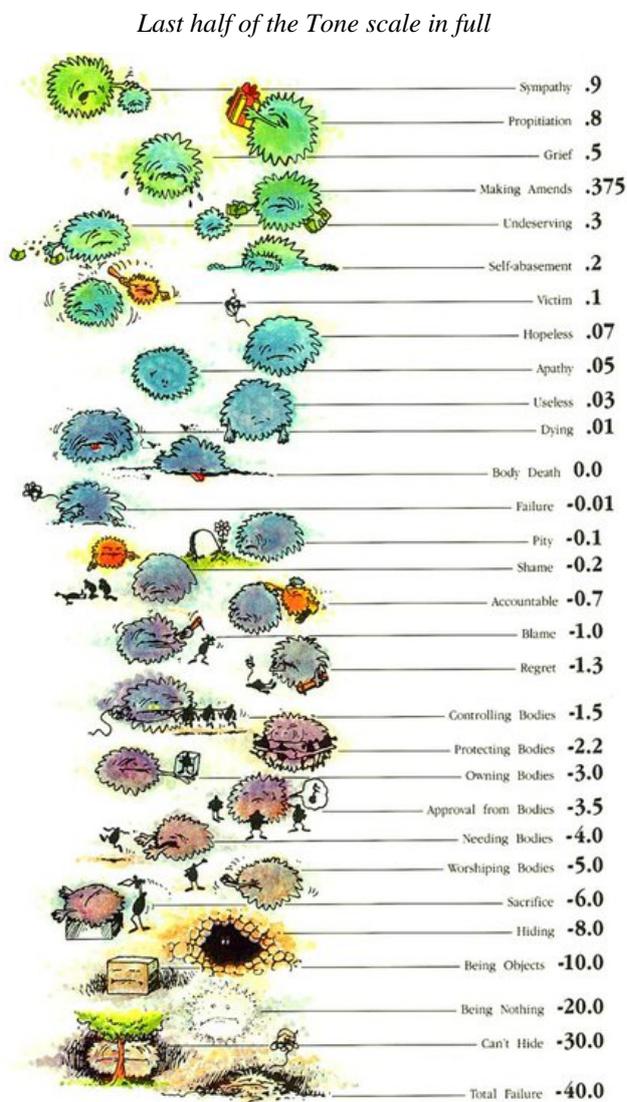
The probable average of mankind at this writing may be in the vicinity of 3.0. Complete rationality depends upon exhaustion of the reactive mind and complete rationality is invariably the result of reaching tone four.

The initial diagnosis is done by the assignation of a general tone to denote the condition of an individual's reactive mind. His methods of meeting life, his emotional reaction to the problems in his environment, can be evaluated by the use of the tone scale.

In auditing, as will be covered later, an engram normally can be expected to run from its initial value in the apathy or anger range to tone four. Very shortly after it reaches tone four it should vanish. If it vanishes without attaining the laughter of tone four it can be assumed that the individual's basic engram has not been erased.

The tone scale has value in auditing and should be thoroughly understood.

~oo00oo~

Last half of the Tone scale in full

Sympathy	.9
Propitiation	.8
Grief	.5
Making Amends	.375
Undeserving	.3
Self-abasement	.2
Victim	.1
Hopeless	.07
Apathy	.05
Useless	.03
Dying	.01
Body Death	0.0
Failure	-0.01
Pity	-0.1
Shame	-0.2
Accountable	-0.7
Blame	-1.0
Regret	-1.3
Controlling Bodies	-1.5
Protecting Bodies	-2.2
Owning Bodies	-3.0
Approval from Bodies	-3.5
Needing Bodies	-4.0
Worshiping Bodies	-5.0
Sacrifice	-6.0
Hiding	-8.0
Being Objects	-10.0
Being Nothing	-20.0
Can't Hide	-30.0
Total Failure	-40.0

Wins & Success Stories from the Independent Scientology Freezone

We get many success stories in the Freezone of auditing, training and even just from reading Lafayette Ron Hubbard Books!

Auditing Win

I had my first real session the other day. I audited my wife. I ran an engram to full erasure and watched the somatic lift before my eyes. It was the best feeling I think I have had my entire life. We are working on the ally computation now and I had a cog on it. The ally comp so simple. When a person is helped by someone and as a result they admire that person so much that they begin to be like them. This is the ally comp. I see this all the time in everyday life.

On another note, Chris and I did some role play on my daughter. I understand her so much better now and I know how to go about getting her computations. This is a huge win for me because I never understood why she wouldn't talk to me.

I would like to thank Chris for his time and effort and LRH for putting a tech there that really works. I mean, It really works!!! Its so much more of a reality to me now. ha ha!! ARC. BP

Method One Audited Completion

First, M-1 was lot of fun! Call me a geeky weirdo if you want, but looking up definitions, knowing what some word means completely and with certainty is just a blast.

Also had a wonderful time delving into grammar--another fun endeavour.

Second, as a result of M-1 I'm spotting many words, long part of my daily vocabulary, that I have never actually looked up. I have meanings for these words, probably pretty accurate ones, but where

did those meanings come from if I've never looked the word up? And how can I have complete certainty of no misunderstanding if I've never looked them up?

All these fractional uncertainties add up. Before M-1 I would not have spotted these words.

Third, M-1 has had a rehabilitating affect on my curiosity to find out about new things: "Who is that person?" "I don't know about that subject." "Gee, what IS the definition of that word?" So thanks to my terrific auditor Geri, excellent c/s Pat, Ron (of course) and the cats! M.W.

Problems Release Success Story

I feel able to have good problems and to sort of sidestep bad problems, that is, instead of tearing and digging through the problem to the "solution" (which is now a new problem), I'm

The International Freezone Association
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looking at other factors and areas of the problem. Also I feel something about letting time or the problem itself unravel itself, that doing so will be apparent or just happen in the future, not forcing but allowing, and controlling by postulate and even exteriorization instead of by energy. It feels more like a beingness that just is and is hard to verbalize.
J. H.

Relief Release Success
Reflecting back on this Level, I realized how lucky and thankful I am to have a pretty un-

eventful life. I realized that I had a few continuing overts against myself and this level helped me to see them. A few separate processes kept showing me how I was withholding true happiness from myself and not living to my full potential.
Another cognition I had was realizing that YOU are the only one who is responsible for YOUR life. To be continued.......next level, auditor! R.R.

~oo0Ooo~

THE RIGHTS OF THE FIELD AUDITOR

The field auditor has a right:
1 To his own group
2 To the loyalty of the people of his group.
3 To send any of his group to a central Organization for training, coaching or special processing and have them returned with their group loyalty and attachment undisturbed.
4 To express his needs and desires for co-operation to a central organization, other groups or auditors without fear of retribution or reprimand.
5 To place his name and addresses on the title pages of publications from the Central organization and circulate them in his area.
6 To publications from a central organization at a discount proportion to the number he distributes.
7 To respect for his training and experience.
8 To respect for his certificates.
9 To have and to hold his certificates without cancellation by anyone forever.
10 To communicate Scientology and to bring about a civilization for mankind.

By my hand this 21st day of April 1957.
L. Ron Hubbard
Quote from: Professional Auditor's Bulletin 15 May 1957

Scientologists Glossary

Here is an extensive list of words and terms found in the applied philosophy of Lafayette Ron Hubbard. This is useful for anyone making a study of Dianetics and Scientology.

A=A=A
Anything equals anything equals anything. This is the way the Reactive Mind thinks, irrationally identifying thoughts, people, objects, experiences, statements, etc., with one another where little or no similarity actually exists. Example: Mr. X looks at a horse, knows it's a house, knows it's a school teacher, so when he sees a horse he is respectful. This is the behavior of the Reactive Mind. Everything is identified with everything on a certain subject.

Aberration:
is a departure from rational thought or behavior. From the Latin, "aberrare", to wander from, Latin "ab", away, "errare", to wander. It means basically to err, to make mistakes, or more specifically to have fixed ideas which are not true. The word is also used in its scientific sense. It means departure from a straight line. If a line should go from A to B, then if it is "aberrated", would go from A to some other point, to some other point, to some other point, to some other point, to some other point, and finally arrive at B. Taken in its scientific sense, it would also mean the lack of straightness or to see crookedly.

Admin:
(in auditing) is used about the action or fact of keeping auditor's reports, summary reports, worksheets and other records related to an auditing session. "He kept good "admin"" meaning that his summary report, auditor's report and worksheets were neat, exactly on pattern, in proper sequence and easily understood, as well as complete.

Affinity:
Degree of liking or affection or lack of it. Affinity is a tolerance of distance. A great affinity makes you feel 'close' to somebody or something. It's a tolerance of or liking of closeness or close proximity. A lack of affinity would be an intolerance of or dislike of closeness. Affinity is one of the components of understanding, the other components are reality and communication. One's level of affinity is expressed on the so-called tone scale.

Ally:
is a person from whom sympathy came when the PC was ill or injured. An ally coming to the PC's defense of his words or actions aligns with the individual's survival. The Reactive Mind of the PC gives that ally the status of always being right--especially if this ally-relationship originally is coming from a highly painful Engram. The alley is seen as a person that has to be blindly followed or supported as 'he can do no wrong'.

Alter-is:
To change or falsify the way something actually is.

Analytical:
means capable of resolving, such as problems and situations. The 'Analytical' mind would be the conscious aware mind which thinks, observes data, remembers it and resolves problems. It would be essentially the conscious mind as opposed to the unconscious mind. In Ability Clearing the Analytical mind is the one which is alert and aware and the Reactive Mind simply reacts without Analysis.
The word "analytical" is from the Greek, "analysis", meaning resolve, undo, loosen, which is to say take something to pieces to see what it is made of. This is one of those examples of the shortcomings of the English language since no dictionary gives the word "analytical" any connection with thinking, reasoning, perceiving, which in essence is what it would have to mean, even in English.

ARC:
A word made from the initial letters of Affinity, Reality and Communication which together equals understanding. ARC is pronounced as three letters A-R-C.

ARC Break:
1) A sudden drop or cutting of one's affinity, reality, or communication with someone or something. It is pronounced by its letters "A-R-C break".
2) A sudden drop or cutting of one's affinity, reality or communication with someone or something. This is in common language known as an upset or a condition of being shocked, disappointed, surprised, offended, etc. The A-R-C break gives an inside look in the anatomy of what is going on.

ARC break Assessment:

Reading a prepared auditing list which applies to the activity. The list is read to the PC while on a Meter. In the ARC Break Assessment the auditor only locates and then indicates the charge found to the PC. It is used on very upset PCs where actual auditing is not possible. If auditing is possible you can do Auditing by Lists. The same list can be used but here you actually run a process to handle each read to F/N VGIs.

ARCU CDEINR:

Stands for affinity, reality, communication, understanding. And curious, desired, enforced, inhibited, no, and re-fused. These are the points assessed by an auditor on the Meter when handling an ARC break. First he assesses ARCU, finds the most charged one and indicates it to the PC. Then he assesses CDEINR, finds the most charged one and indicates it to the PC. Example: The first Assessment finds 'Reality'. This is indicated. The second assessment could end up with "Inhibited Reality". This is indicated to the PC who will feel relief.

As-is:/As-is-ing:

To view anything exactly as it is, without any distortions or lies, at which moment it will be fully understood. When a problem is As-is-ed it will vanish and cease to exist as a problem.

Assess:

means to choose, from a list of statements - which item or thing has the biggest read on the Meter. The longest read usually will also have the PCs interest.

Assessment:

is done by the auditor between the PCs Bank and the Meter. There is no need in assessing to look at the PC. Just note which item has the longest fall or Blowdown. The auditor looks at the Meter while doing an Assessment. Also the action of an auditor reading down a list to find out which item on the list reacts more than the other items on the list, using a Meter, and so choose which item to handle. (See also, Prepared Lists).

Assist:

A simple auditing action given as a first aid. Does not replace medical first aid. An action undertaken by an auditor to assist the spirit to confront physical difficulties.

Attention:

When interest becomes fixed, we have attention; it's directed or held interest. Attention is aberrated bybecoming unfixed and sweeping at random, or becoming too fixed without sweeping.

Attention unit:

Could be considered a theta energy unit of awareness existing in the mind in varying numbers from person to person. This would be the theta endowment of the individual; attention units are what he enjoys with, thinks with and works with. Attention units can be caught up in incidents on the Time Track and be locked up in these incidents, problems, etc. A person who is 'not there' mentally has most of his attention units locked up. Auditing enables the PC to regain them as free attention. See also theta.

Auditing:

Also called Processing, the application of Ability Clearing processes and procedures to a person by a trained auditor. The exact definition of auditing is: the action of asking a PC a question (which he can understand and answer), getting an answer to that question and acknowledging him for that answer.

Auditing Session:

A period in which an auditor and PC are in a quiet place where they will not be disturbed. The auditor gives the PC certain and exact commands which the PC can follow.

Auditor:

A person trained and qualified in applying Ability Clearing processes and procedures to individuals for their betterment; called an auditor because auditor means "one who listens."

Auditors Code:
The technical or professional code of Ability Clearing auditors; a list of "do's" and "don'ts". The rules are based on experience and have proven themselves to be necessary to ensure optimum progress in auditing a case; the governing set of rules for the general activity of auditing.
2) Important set of rules, which guides the auditor's professional behavior and attitude. The purpose of these rules is to develop maximum trust between auditor and PC. Maximum trust leads to quickest and most lasting results.
It's a joy to be audited by an auditor, who sticks to this code rigorously all the time. Remember the important rule: Auditor plus PC is greater than PCs Bank (aud. + PC> Bank).

Auditors C/S:
A sheet on which the auditor suggests the case supervision instructions for the next session. It has to be approved by the C/S before being carried out.
Auditors Report Form (ARF): This shows in summary form what actions were taken in session and how they went. The ARF is made out at the end of each session and is an outline of what happened during the session. (Abbreviation: ARF).

Bad indicators: (Bls):
Those observable indications on the PC and Meter that things are not going well for a PC.

Bank:
Reactive Bank; Reactive Mind; Engram Bank.
The mental image picture collection of the PC. It comes from computer technology where all data are in a "Bank"; portion of the mind which contains Engrams, Secondaries and Locks.

Blow:
1) Something that suddenly disappears (such as a problem or charge in general) is said to have blown.
2) To depart without authorization from an area. To leave suddenly without explanation. It can be used as a noun and as a verb.

Bullbaiting:
In coaching certain drills the coach attempts to distract the student auditor by doing Bullbaiting. This should be done by play acting situations that could occur in session, but other things can be used from time to time.As a bull-fighter attempts to attract the bull's attention and control the bull, so does the coach attempt to attract and control the student auditor's attention; however the coach flunks the student auditor whenever he succeeds in distracting the student from the drill and then repeats the action until it no longer has any effect on the student (see also Buttons).

By-passed Charge: (BPC):
1. Mental energy or mass that has been restimulated in some way in an individual, and that is either in part or wholly unknown to that individual and so is capable of affecting him negatively.
2. reactive charge that has been by-passed (restimulated but overlooked by both
PC and auditor). When found and indicated the PC will experience relief. On a Meter you would see a Blowdown.

Case:
The sum of aberrated conduct or behavior resulting from the influences of the Reactive Mind.
When a practitioner is displaying 'case' they are acting in an irrational and also unprofessional manner.

Case gain:
The improvements and resurgences a person experiences from auditing and training; any case betterment according to the PC.

Case Supervision: (**C/S**):
The inspection of auditing, by a qualified Case Supervisor (using auditor reports, session worksheets and Examiner reports); the ordering of standard actions and remedies to ensure maximum gains for the PC. The written instruc-

tions of a case supervisor.

Chain:
A series of incidents of similar nature or similar subject matter. When running a Chain the PC is sent earlier and earlier until it the Chain fully handled.
Chain of incidents: A whole adventure or activity of many incidents, related to each other by the same subject, general location or people. It can go way back in time.

Charge:
1. harmful energy or force accumulated and stored within the reactive mind. It's attention units trapped in past conflicts and unpleasant and painful experiences, etc. Auditing discharges this charge so the energy is no longer trapped nor there to affect the individual negatively. 2. *emotional* charge or energy.
3. by charge is meant anger, fear, grief, or apathy contained as misemotion in the case.

Check-out:
The action of verifying a student's knowledge of an item given on a check sheet. This is much like a verbal examination in school. But special attention is given to definitions of words and the student's ability to demonstrate principles with a demo kit.

Check sheet:
A Check sheet is a printed form that sets out the items to be studied or done by a student, item by item, on a course. It lists all the materials and drills of the course in the order in which they are to be studied.

Clay Demo:
Clay Demonstration. Making an illustration of the principles studied in model clay. The student demonstrates definitions, principles, etc. in clay to obtain greater understanding by translating significance into actual mass.

Clear:
1) A person (thetan) who can be at cause knowingly and at will over mental matter, energy, space and time as regards the first dynamic (survival for self). The state of Clear is above the release Grades (Grade 0-4) of Ability Clearing (all of which has to be done before you get to Clear).
2) A Being, who no longer has his own Reactive Mind.

Clearing:
Various techniques directed at improving abilities and awareness leading to the state of Clear. The activity done in auditing.
Coach: The person who helps another student understand or apply a particular text or drill. He is a one-on-one instructor. Usually students take turns being coach and student.
In Drilling: The one, that *directs the student*. She is the instructor of the drill, the one that calls the shots. The term 'coach' is best known from sports; he instructs the players and shows them what to do. During a game he gives the players practical advice from the sideline. 'Coach' is also used about a private instructor teaching a student.

Coaching:
Training intensively by instruction, demonstration and practice. In training drills, one twin is made the coach and the other the student. The coach helps the student to achieve the purpose of the drill. He coaches with reality and intention following the materials pertaining to the drill to get the student through it. When this is achieved the roles are reversed--the student becomes the coach and the coach becomes the student.

Co-auditing:
An abbreviation for co-operative auditing. It means a team of two people who are using Ability Clearing processes to help each other reach a better life. Sometimes three or more people make up a class of co-auditors who audit each other.

Cognition: (cog):
A PC origination indicating he has "come to realize." It's a "What do you know? I . . ." statement. A new realization of life. It results in a higher degree of awareness and consequently a greater ability to succeed with one's en-

deavors in life.

Communication Lag or Comm lag):
The time that passes between a question and an actual answer. It can be hesitation or reflection, but it can also be not answering the question by talking about something that isn't an answer. In study comm lag in a check-out is flunked. It shows the student doesn't know the materials 100%. In auditing comm lag is just an indicator. A long comm lag means there is aberration in the area.

Communication (Comm):
1) The interchange of ideas or objects between two people or terminals. More precisely the definition of communication is the consideration and action of impelling an impulse or particle from source point across a distance to receipt point, with the intention of bringing into being at the receipt point a duplication of that which emanated from the source
point. The formula of communication is: cause, distance, effect, with intention, attention, duplication and understanding. Communication by definition does not need to be two-way. Communication is one of the component parts of understanding.
2) The exchange or interchange of ideas or objects between two people or designated locations (terminals). More precisely the definition of communication is the consideration and action of impelling an impulse or particle from source point across a distance to receipt point, with the intention of bringing into being at the receipt point a duplication and understanding of that which emanated from the source point.

Communication, Control, Havingness Processes:
or CCHs. Processes which bring a person into better control of his body and surroundings, put him into better communication with his surroundings and other people, and increase his ability to have things for himself. They bring him into the present, away from his past problems.

Communication cycle: (comm cycle):
A completed communication, including origination of the communication, receipt of the communication, and answer or acknowledgement of the communication.

Computation:
technically is that aberrated evaluation and postulate that one must be consistently in a certain state in order to succeed.

Confront:
To face without flinching or avoiding. Confronting is actually the ability to be there comfortably and perceive.

Control:
The ability to start, change and stop things at one's own choice.
CT: Clearing Technology: Consists of Ability Clearing (the Grades) and Engram Clearing (Level 5). In this handbook we mainly use "Ability Clearing" to describe the whole subject.

Destimulation:
The action of deleting the moments of restimulation of the Reactive Mind or some portion of it, so that it moves away from the PC and he is no longer connected to it.
D of P Interview: (Director of Processing Interview): An interview of a PC by a D of P or available person. It is usually done on a Meter. The purpose is to get data for programming and C/Sing a case. It is not auditing.

Dramatization: (Dramatize):
To repeat in action what has happened to one in experience. It's a replay out of its time period now of something that happened then. The person is going through the motions of some incident as if he was an actor, but he does the re-enacting unknowingly.

Earlier Similar: (E/S):
When the auditor is checking the rudiments, he may run into the situation, that the difficulty doesn't resolve right

away. To resolve the situation he will have the PC look for an earlier similar incident.

Earlier, means it happened before or further back in time, than the incident they were just talking about.

Similar, means it was somewhat the same type of incident. Maybe having to do with the same person or persons, the same place or the same surrounding circumstances. To ask for an *earlier similar incident* is used in many processes, as the reason the present incident does not resolve is because it unknowingly reminds the PC about earlier times. When he is sent earlier and the exact circumstances get known to him the subject matter will clear up.

EP:

End Phenomena Those indicators in the PC and Meter which show that a Chain or process is ended. In Engram running It shows that basic on that Chain and flow has been erased.

Engram:

is a mental image picture of an experience containing pain, unconsciousness, and a real or fancied threat to survival. It is a recording in the Reactive Mind of something which actually happened to an individual in the past and which contained pain and unconsciousness, both of which are recorded in the mental image picture called an Engram. It must, by definition, have impact or injury as part of its content. These Engrams are a complete recording, down to the last accurate detail, of every perception present in a moment of partial or full unconsciousness.

Engram Clearing:

This is Ability Clearing Grade 5 - Engram Clearing. It uses Engram running by Chains, Routine-3-RA as its main process. It routinely lead to the state of Clear. There are other processes that will take the PC to the state of Clear in the case this doesn't happen. But they will have to be done under the guidance of a professional auditor/ case supervisor.Engram Running: Techniques used to run Engrams with. Also the activity of applying these techniques to a PC. Today the principal process used is R-3-RA.

Engram Running, 1950 Style:

Auditing out Locks, Secondaries and Engrams by using the original techniques of 1950.E/S, see Earlier Similar

Evaluate:

To judge and determine the meaning, correctness, value, and consequence of a datum (verb).

Evaluation:

1) Evaluation:

The act of evaluating. The result of something being evaluated (noun). A student has to evaluate the data studied. On the other hand he should not try to evaluate for somebody else. Each student should arrive to a result based on their own efforts. Only in this way will anybody achieve sufficient certainty.

2) In auditing: Telling a PC "what's wrong with him or why he is the way he is is incorrect. In auditing the auditor guides the PC to find explanations and solutions for himself. It is against the Auditors Code to evaluate for a PC in session. When a person is allowed to do his own evaluations he achieves greater certainty.

3) Any attempt by someone to impose his data or knowledge upon another. An example would be someone telling another why he is the way he is instead of permitting or guiding him to discover it for himself.

Flat:

No longer producing change or a reaction. Or, in Engram running, referring to an Engram, erased.

Flatten:

To continue to do (something) until it no longer produces a reaction.

Flatten a process: To continue a process as long as it produces change and no longer. In Engram running it is to continue running a Chain of incidents until basic on that Chain is reached and erased. With CCHs, it is three commands getting equal comm lag response with the PC doing the process.

Floating Needle: or F/N.

1.A floating needle is a certain needle behavior on a Meter. It is a harmonic motion sweep of the needle over the dial at a slow, even pace. A valid floating needle is always accompanied by very good indicators in the PC.
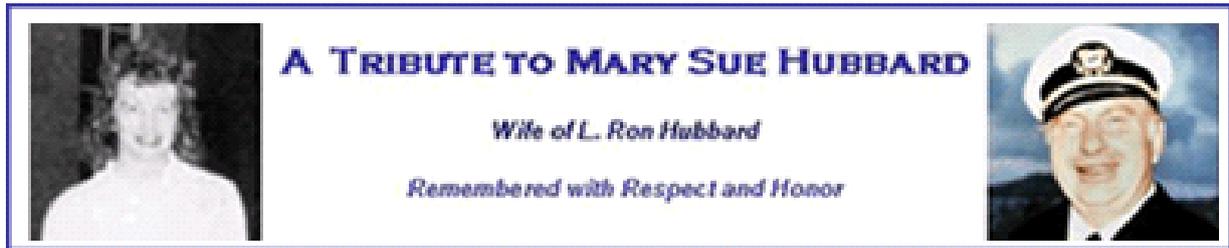
2) The idle uninfluenced movement of the needle on the Meter dial without any pattern or reactions in it. It can be as small as 1-inch or as large as dial wide. It does not fall or drop to the right of the dial. It moves to the left at the same speed as it moves to the right. It is usually observed on a Meter calibrated with the Tone Arm between 2.0 and 3.0 with good indicators in on the PC. It can occur after a cognition, Blowdown of the Tone Arm, or just moves into floating. The PC may or may not voice the cognition.

Floating TA:
The PC is so released the needle can't be gotten onto the dial. The needle is swinging wider than the Meter dial both ways from center and appears to lay first on one side and then the other. The Tone Arm can't be moved fast enough to keep the extreme floating needle on the dial.

Flow:
A stream of energy between two points. An impulse or direction of energy particles or thought or objects between terminals. In processing the auditor works with four main flows:
FLOW 1: something happening to self. Another doing something to you, *FLOW 2:* doing something to another. You doing something to another., *FLOW 3:* others doing things to others. You see it happen as a spectator, *FLOW 0:* self doing something to self. You do something to yourself.

Flunk:
1) To make a mistake. Fail to apply the materials learned. Opposite of pass. Also used by coaches as a command: "Flunk!",to tell the student a mistake was made.

Fly a Rud: Fly a rudiment:
The auditor must get a free needle (floating needle) on one of the rudiment questions (ARC breaks, PTPs, Missed Withholds.) This is done to get a PC ready to run a Major Action.

Folder:
A folder sheet of cardboard which holds all the session reports and other items related to one PCs auditing. The folder is A4 or Legal size file folder made of light cardboard.

Folder Summary:
Sheets located inside the front cover of a PC folder giving an adequate summary of actions taken on a PC in consecutive order. It gives the content of the PC folder. The auditing history session by session, if you will.

Good indicators:
(GIs): Those observable indications that all is going well for a PC. The PC is bright, happy and winning. PC smiling and happy.

Grade Chart:
This chart shows all the levels of Clearing Technology auditing and training. It is the mapof the road to Clear.

Grade:
A series of processes culminating in an exact ability attained, examined, and attested to by the PC.

Gradient:
Something that starts out simple and gets more and more complex. The essence of a gradient is just being able to

do a little bit more and a little bit more and a little bit more until you finally make the Grade.

Grinding (Grinding out):
Going over and over and over a Lock, Secondary or Engram without obtaining an actual erasure. The sense of the word comes from the action of using an emery wheel on a hard substance with it not getting much smaller or thinner no matter how long it is done. It specifically applies to Engram running. It's a bad indicator.

Handwriting Drill:
If the C/S can't read the worksheets due to bad handwriting or lack of data he sends the folder back to the auditor for clarification. The auditor should overprint unreadable words with a red pen. The C/S sees to that his auditors catch up on writing understandable reports the first time and can have them train in handwriting drills to catch up on speed and clarity. The auditor should not have to spend a lot of time after session clarifying worksheets. He simply have to drill to write fast and readable, keep to essentials and quickly clarify worksheets after session. He may have to work on his handwriting letter for letter to make it easier to read.

Havingness:
The concept of being able to reach. Owning, possessing, experiencing. Affinity, reality, communication with the environment.

In:
Things which should be there and are or should be done and are, are said to be "in," i.e., "We got scheduling in."

Incident:
The recording of an experience, simple or complex, related by the same subject, location or people understood to take place in a short or finite time period such as minutes or hours or days.

In-session:
Interested in own case and willing to talk to auditor.
Interest: is absorbed attention and a desire to talk about it.

Invalidation:
Means a degrading, 'trashing', ridiculing, discrediting or denying something someone else considers to be a fact or of value.

Is-ness:
Something that is persisting on a continuum.

Item:
Any one of a list of things, people, ideas, significances, purposes, etc., given by a PC to an auditor while listing; any separate thing or article; in particular, one placed on a list by a PC.

Itsa:
A term made from "It is a"; a term for a PCs action of answering an auditor's question in which the PC positively identifies something with certainty.

Itsa-maker line:
Communication line from the PC to his own Bank. The PC is inspecting his Bank and is somewhat introverted. It's the most important part of the auditing comm cycle as the PC is confronting his Bank and finding answers.

Key in:
Is a moment where an earlier upset or earlier incident has been restimulated and affect PC in a negative way. The action of recording a Lock on a Secondary or Engram; the moment an earlier upset or earlier incident has been restimulated.

Key out:

The action of a reactive incident (or many related incidents) dropping away without the mental image pictures being erased. The picture is still there but now far away. The PC feels released or separate from his Reactive Mind or some portion of it. An action of an Engram or Secondary dropping away without being erased. Released or separate from one's Reactive Mind or some portion of it.

Know-to-Mystery Scale:
The scale of affinity from Knowingness, down through Lookingness, Emotingness, Effortingness, Thinkingness, Symbolizingness, Eatingness, Sexingness, and so through to Not-knowingness to Mystery.
L1C: Repair List used by auditors in session when an upset occurs, or as ordered by C/S. It handles ARC Broken, Sad, hopeless or nattery PCs. Questions can be prefaced with "Recently", "In this life", "On the Whole Track", or used without. It is not to be used to handle high or low TA.

L4 Short: (L4):This is a short version of list correction. It contains all the most common errors. It is valid on listing in progress or recently done. If it doesn't resolve the difficulties a full L4BRB can be used (see below).

List: As part of auditing procedure:
Items given by a PC and written down by the auditor. Prepared List: A printed form with questions used for assessment on a PC.

Listing:
A special Ability Clearing procedure used in some processes where the auditor writes down items said by the PC in response to a question by the auditor, in the exact sequence that they are given to him by the PC.
Listing and Nulling: (
L & N):
An Ability Clearing procedure in auditing done according to very exact rules as given in the Laws of Listing and Nulling. This is taught on Ability Clearing-3.

Locational processing:
1) Processing which establishes confront and communication with the environment. It brings the person into present time; he becomes more alert and responsive. It can be run on one PC or on a whole class of students at the same time with benefit. 2) Processing which establishes a stability in the environment of the PC on the subject of objects and people. It can be run in busy thoroughfares, parks, confused traffic or anywhere that there is or is not motion of objects and people. It is used in the auditing room itself to orient the PC.

Major Action:
any auditing action designed to change a case or general considerations or handle continual illness or improve ability. This means a process or even a series of processes like four flows. It doesn't mean a Grade. It is any process the case hasn't had.

Mental mass:
is contained in mental image pictures.
1) Mocking up matter, energy, space and time. Its proportionate weight would be terribly slight compared to the real object which the person is mocking up a picture of.
2) Mental matter, energy, space and time. It exists in the mind and has physical existence, that can be measured by a Meter. Its proportionate weight would be terribly slight compared to the real object which the person is making a picture of. The Meter registers mental mass; changes of the position of the needle indicates changes of the mass in PCs mind.

Mental image pictures: (MIP):
Mental pictures; facsimiles: a copy of one's perceptions of the physical universe of some time or incident in the past. It can also be mock-ups, meaning produced by the thetan with his imagination and not a copy of an actual incident.

Mental pictures:
Facsimiles and mock-ups; usually a copy of one's perceptions of the physical universe sometime in the past.

MEST:
Word coined from the initial letters of Matter, Energy, Space and Time; the physical universe and its component parts; also used as an adjective in the same sense to mean physical, as in "MEST universe," meaning "physical universe."

Method 3: (M3 Assessment):
An Assessment in which each reading question is taken up and handled with the PC when it is seen to read and before continuing the Assessment.

Method 5: (M5 Assessment):
Assessing a prepared list once through marking the length and Blowdown of all reads as they occur when the questions are asked of the PC. Those questions which read are then handled one at a time in order from the largest read to the smallest.

Mind:
A control system between the thetan and the physical universe. It is not the brain. The mind is the accumulated recordings of thoughts, conclusions, decisions, observations and perceptions of a thetan throughout his entire existence. The thetan can and does use the mind in handling life and the physical universe.

Misemotion:
Anything that is unpleasant emotion such as antagonism, anger, fear, grief, apathy or a death feeling; mis-aligned emotion, irrational or inappropriate emotion. Misemotion is also emotion which has been suppressed and which remains part of the individual's Locks and Secondaries unless he is audited.

Missed Withhold: (M/W/H):
A Withhold, which has been *restimulated* by another but not disclosed. This is a Withhold which another person *nearly* found out about, leaving the person with the Withhold in a state of wondering whether her hidden deed is known or not. The *Missed Withhold* is different from the Withhold as the PCs main worry is, if the other person found out or not. The action of the other to *nearly* find out or *maybe* he found out or guessed it is why it's called a *Missed Withhold*.

Mock-up:
Any "knowingly created" mental picture that is not part of a Time Track; can be used as noun: "It's a mock-up" or a verb: "to mock-up something".

Model Session:
The same exact pattern and script with which Ability Clearings essions are begun and ended.

Motivator:
Actions which were directed against the PC by others or another, used by him to justify (used as a "motive" for) Overts; an aggressive or destructive act received by the person.

Not-is, Not-is-ness, Not-is-ing:
The effort to reduce an unwanted condition of existence by force. It can cause the person 'to forget about it' or make a thing look smaller, but does not handle the underlying difficulty. See also As-is

Null:
1)To nullify or to reduce the value or effect of something to nothing.
2) means there was no reaction of the needle on the needle dial of the Meter when the auditor had asked a question of the PC; or simply it didn't read.

Nulling:
The auditor's action in saying items from a list to a PC and noting the reaction of the PC's Bank on a Meter.
2) In Listing & Nulling: The auditor reads back the list of items the PC just gave him in order to find only one item

that is still reading. This is done under the Laws of L&N.

Objective Processes:
Ability Clearing Level 1 processes which familiarize a person with his environment, the physical universe. Objective processes increase a PCs control, communication, and havingness on the environment.

Obnosis:
A word put together from the phrase, "observing the obvious."

Op Pro by Dup:
Opening procedure by duplication. A process which increases the PC's ability to duplicate and so increases his ability to communicate. A type of objective process.

Origination: In auditing:
A remark or statement from the PC, that concerns his ideas, reactions or difficulties. It is something he says, that is important to him, but isn't an answer to the auditor's question. It usually comes unexpectedly. It is different from a comment, that is defined as an attempt to distract auditor or an attempt to blow session. An auditor is trained in handling originations on TR-4.

Out:
Things which should be there and aren't or should be done or aren't are said to be "out," i.e., "Enrolment books are out."

Overrun:
1) Continuing to run an auditing action (in error) past the PC's attainment of its end phenomena. A person can also be overrun on things in life outside of auditing. This is doing something too long that has Engrams connected with it. As a result Engram Chains are being restimulated by life or auditing.
2) Accumulating protests and upsets about something until it is just a mass of stops.

Overt:
1) Overt act; an Overt is an aggressive or destructive act by the individual against one or more of the eight dynamics (self, family, group, mankind, animals or plants, mest, life or the infinite).
2) A harmful act. A bad deed. An Overt act is an act of omission or commission which does the least good for the least number of dynamics or the most harm to the greatest number of dynamics.
3) An aggressive or destructive act by the individual against one or more of the eight dynamics
4) That thing which you have done to others, but you aren't willing to have happen to yourself.

Overt-Motivator Sequence: or O/M: Overt Motivator):
1) The reactive series of events in which someone who has committed an Overt "has to" claim the existence of motivators (acts by others against self). Motivators are thus used to justify Overts and tend to be used to justify further Overts.
2) A chain of events of 'pay-back' or revenge that gets worse and worse.
3) See preclear.

Postulate:
A conclusion, decision or resolution made by the individual himself; to conclude, decide or resolve a problem or to make a plan or set a pattern for the future or to nullify a pattern of the past (like in New Years resolutions). We mean, by postulate, a self-created truth. A postulate is, of course, that thing which the individual uses to start a directed desire or order, or inhibition, or enforcement; it is in the form of an idea. Postulate means to cause a thinkingness or consideration.

Preclear: (PC):
From pre-Clear, a person not yet Clear; generally a person being audited, who is thus on the Road to Clear; a person who, through Ability Clearing processing, is finding out more about himself and life.

PC Information Sheet:
A form done with new PCs, or PCs who haven't been audited for some time (years). Doing the Form with a PC gives certain basic data that is necessary for the Case Supervisor. It is done by an auditor in session.

Prepared List:
The auditor, trained in using a Meter, can use prepared (printed) lists to find the specific problem or difficulty he needs to address to get the PC out of an unpleasant or puzzling situation in session. The list will contain all the possible difficulties for that action and the Meter will tell the auditor which ones to take up. A prepared list may turn up one thing or many things, that should be tackled before the routine process should be taken up again. Prepared lists can also be used to address a troubling area of PCs life and 'clean it up'.

Prep-check:
An auditing action in which a subject found to be charged is discharged by the use of a prepared list of buttons (called the Prep-check Buttons). Buttons such as 'Suppressed', 'Invalidated', 'Didn't Reveal', etc. are used to find charge and reactivity connected with the subject being prep-checked. There are 20 Prep-check buttons on the list.

Present Time Problem: (PTP):
A specific problem that exists in the physical universe now, on which a person has his attention fixed. This can be practical matters he feels he ought to do something about right away. Any set of circumstances that occupies the PCs attention, so he feels he should *do* something about it instead of being audited.

Problem:
Anything which has opposing sides of equal force; especially postulate-counter-postulate, intention-counter-intention or idea-counter-idea; an intention-counter-intention that worries the PC.

Process:
A specific technique used in auditing (processing). There are many processes. They consist of carefully worded questions and commands. The are used by an auditor in a formal session to help his PC.

Program:
A program is the overall plan of auditing of a specific PC. A program is the sequence of actions session by session to be undertaken on a case by the C/S in his directions to the auditor or auditors, auditing the case.

Psycho-somatic:
"Psycho", of course, refers to mind and "somatic" refers to body; the term psychosomatic means the mind making the body ill or illnesses which have been created physically within the body by derangement of the mind.

Quad Flows: (Quads):
(Four Flows) To run a process Quad Flows means, the four flows--another to self, self to another, another to another, and self to self --are run on a PC by an auditor.

Q and A: (Q&A):
Stands for Question and Answer. A failure to complete a cycle of action; to fail to complete a cycle of action; to deviate from an intended course of action; questioning the PC's answer; in auditing, it's a failure to complete a cycle of action on a PC.

Quickie:
Means omitting actions, for whatever reason, that would satisfy all demands or requirements and instead doing something superficially and accomplish less than could be achieved.

Reactive Mind:
The portion of the mind which works on a stimulus-response basis (given a certain stimulus it will automatically give a certain response) which is not under a person's volitional control and which exerts force and power over a person's awareness, purposes, thoughts, body and actions. The Reactive Mind never stops operating. Pictures of the environment, of a very low order, are taken (recorded) by this mind even in some states of unconsciousness.

Read:
The action of the needle on the Meter dial falling (moving to the right); SF, F, LF, LFBD are reads.

Reality:
Has to do with agreement (or lack thereof). It is the agreed upon apparency of existence. A reality is any data that agrees with the person's perceptions, way of thinking and education. Reality is one of the components of understanding. Reality is what is.

Recall:
Present time remembering something that happened in the past. It is "not" re-experiencing it, reliving or re-running it. You are in present time, thinking of, remembering, putting your attention on something that happened in the past --all done from present time.

Rehabilitation (Rehab):
The restoration of some former ability or state of being or some more optimum condition.

Release:
A PC whose Reactive Mind or some major portion of it is keyed out and is not influencing him. In Ability Clearing processing there are five major Grades of Release. They are, from the lowest to the highest: Grade 0, Communications Release, Grade 1, Problems Release, Grade 2, Relief Release, Grade 3, Freedom Release, Grade 4, Ability Release. Beyond that other Grades have been developed: Grade V Power Release, Grade VA Power Plus Release, Grade VI Whole Track Release.
These additional Grades are unnecessary if PC goes Clear on Engram Clearing. Each is a distinct and definite step toward greater levels of awareness and ability. (See also Grade).

Religion:
1. The ritual of worship or regard about spiritual matters. 2. A study of wisdom. 3. The word religion itself can embrace sacred lore, wisdom, knowingness of gods and souls and spirits, and could be called, with very broad use of the word, a philosophy. We could say there is religious philosophy and there is religious practice.
2. Religious Philosophy, implies study of spiritual manifestations: research on the nature of the spirit and study on the relationship of the spirit to the body; exercises devoted to the rehabilitation of abilities in a spirit. Religious Practice, implies ritual, faith-in, doctrine based on a catechism and a creed.

Repair:
Patching up past auditing or recent life errors. This is done by prepared lists and other processes or completing an incomplete process.

Repetitive Process:
A process, where the same auditing question or command is given many times to the PC. The PC is finding new answers every time. The auditor will state the command as it has never been asked before in a new unit of time, but with no variation of words; he will acknowledge the PCs answer and handle the PC origins by understanding and acknowledging what the PC said. This type of process will permit the individual to examine his mind and environment thoroughly and sort out relative importance's.

Restimulation:
Condition in which part of the Bank has been "triggered" by something in the person's environment (a restimulator) causing some greater or lesser degree of reactive behavior or condition; doing something unknowingly, unwittingly and without any understanding of what one is doing.

Review:
When a PC is having difficulty of some sort that is not immediately resolving with the actions being done, he may be sent to Review, where his case folder is carefully checked over or "reviewed" and the necessary corrective actions then taken to resolve the difficulty.

R-Factor:
Reality factor; explanation, information, data, etc., given to a person in order to bring about sufficient understanding for him to be able to perform a specific action. It is usually very short, like a few sentences.

Roller coaster: 1. A case that betters and worsens. A roller-coaster is always connected to a suppressive person and will not get steady gains until the suppressive is found on the case or the basic suppressive person earlier. Because the case doesn't get well he or she is a potential trouble source to us, to others and to himself.
2. Case gets better, gets worse, gets better, gets worse.

Rudiments:
First principles, steps, stages or conditions. The basic actions done at the beginning of a session to set up the PC for the major session action. The normal rudiments are ARC breaks (upsets), Present Time Problems (worries) and Withholds (something PC feels he shouldn't say) - they are explained under each heading.

Rundown (R/D, RD):

A series of specific auditing actions done on a case designed to produce a specific result.

Scientologist
1. one who betters the conditions of himself and the conditions of others by using Scn technology.
2. one who controls persons, environments and situations. A Scientologist operates with the boundaries of the *Auditor's Code* and the C*ode of a Scientologist.*
3. one who understands life. His technical skill is devoted to the resolution of the problems of life.
4.A specialist in spiritual and human affairs.

Secondary:
A Secondary is a mental image picture of a moment of severe and shocking loss or threat of loss which contains misemotion such as anger, fear, grief, apathy or "deathfulness." It is a mental image picture recording of a time of severe mental stress. It may contain unconsciousness.

Self-Determinism:
The ability to regulate and take responsibility for one's own considerations and actions; motivation by the thetan rather than by the environment.

Service Computation: or Service Facsimile:
Serv Fac, a Ability Clearing Level 4 term. The service computation is that computation generated by the PC (not the Bank) to make self right and others wrong; to dominate or escape domination and enhance own survival and injure that of others.

Session:
1) A precise period of time during which an auditor audits or processes a PC. That's an auditing session.
2) In coaching it is a precise period during which the coach instructs the student in a specific drill using his coaching instructions and written materials to correct the student. That's a coaching session.

Slow Assessment:
means letting the pc itsa while assessing. This consists of rapid auditor action, very crisp to get something that moves the TA and then immediate shift into letting the pc itsa during which, "Be quiet!" The slowness is overall action. It takes hours and hours to do an old preclear assessment form this way but the TA flies.

Stable Datum:
Any body of knowledge, more particularly and exactly, is built from one datum. That is its stable datum. Invalidate it and the entire body of knowledge falls apart. A stable datum does not have to be the correct one. It is simply the one that keeps things from being in a confusion and on which others are aligned.

Terminal:
Anything that can receive, relay or send a communication (most common usage); also, anything with mass and meaning."Terminal" means in our language "the end point of a communication line". It can be a person or a thing.

Theta:
Energy peculiar to life or a thetan which acts upon the material in the physical universe and animates it, mobilizes it and changes it; natural creative energy of a thetan which he can direct toward survival goals, especially when it manifests itself as high-toned constructive communications.

Thetan:
From THETA (life static), a word taken from the Greek symbol or letter:
theta, traditional symbol for thought or spirit. The thetan is the individual himself--not the body or the mind. The thetan is the "I"; one doesn't have or own a thetan; one is a thetan.

Time Track:
1) The endless record complete with 55 perceptions of the PCs entire past; the consecutive record of mental image pictures which accumulates through the PC's life or lives. It is very exactly dated.
2) The consecutive record of mental image pictures which accumulates through the PC's existence. The *Time Track* is a very accurate record of the PCs past, very accurately timed and very obedient to the auditor. If a motion picture film were 3D, had fifty-two perceptions and could fully react upon the observer, the *Time Track* could be called a motion picture film.

Tone 40:
Intention without reservation or limit; an execution of intention.
Tone scale: The basic tone scale is a scale of emotions, from apathy to enthusiasm. Different levels of the tone scale have other characteristics visible in behavior and as potential survival (see also Uptone).

Touch Assist:
An assist that brings the person's attention to injured or affected body areas. When attention is withdrawn from them, so is circulation, nerve flows and energy, which for one thing limits nutrition to the area, and for another limits the drainage of waste products. Some ancient healers attributed remarkable flows and qualities to the "laying on of hands." Probably the workable element in this was simply heightening awareness of the affected area and restoring the physical communication.

Training Routines: (TRs**): Training drills:**
on Ability Clearing courses which train students to prefect their communication skills to the level needed by an auditor in session. The TRs take up and drill the component parts of communication. Good TRs are the'Carrier wave' needed to make processes work. Specific auditor skills in communication and smooth session control are gained in doing the TRs.

Two-way communication (TWC, 2WC, Two-way comm):
Are the precise process of getting somebody to open up and give emotional or personal information about himself. It is not chatter. It is governed by the rules of auditing.

Understanding:
Composed of affinity, reality and communication. These three things are necessary to the understanding of any-thing. One has to have some affinity for it, it has to be real to him to some degree and he needs some communica-tion with it before he can understand it. Greater understanding comes about by increasing any one of these three factors.
Upper Indoctrination TRs (Upper Indoc's): Purpose of these four training drills is to bring about in the student the willingness and ability to handle and control other people's bodies and to cheerfully confront another person while giving that person commands. Also to maintain a high level of control under any circumstances.

Uptone:
At a high level of survival or state of being, plotted on the tone scale. A person who is uptone, or high-toned, has a

greater ability to handle his facsimiles, to control his environment and has a greater degree of survival than some-one who is downtone, or low-toned.

Valence:
Is the assumption at the reactive level by one individual of the characteristics of another individual. An individual may have a number of valences which he puts on and off as he might hats. Often these changes are so marked that an observant person can notice him dropping one valence and putting on another. The shift from valence to valence is usually completely outside the awareness and control of the individual doing so. In other cases an individual has one valence, not his own, in which he is thoroughly stuck.

Whole Track:
Time Track. The moment to moment record of a person's existence in this universe in picture and impression form.

Withhold:
An undisclosed harmful (contra-survival) act. After having committed an Overt, the person wants to keep it hidden or secret. So he/she withholds the Overt.

Worksheet: (W/S: WS):
The sheets on which the auditor writes a complete running record of the session from beginning to end, page after page, as the session goes along.

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Quote from
L. Ron Hubbard

"No culture in the history of the world save the thoroughly depraved and expiring ones, have failed to affirm the existence of a Supreme Being."

Science of Survival

FREE THETAN
The Monthly Newsletter of the
International Freezone Association

From:
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To:

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